

LEBANESE Mountain Day 2026

OUR **MOUNTAINS**, OUR **HERITAGE**, OUR **FUTURE**

 **October 9, 10, and 11, 2026**
 **Ehden**

OPENING CEREMONY
 **October 10, 2026**
 **10:00 AM–1:00 PM**
 **Al Koubra Palace, Ehden**

[Register Now](#)



Program

Day 1: Friday, October 9 | Discover the Mountain

Time	Activity	Location
7:00–7:30 PM	Registration and Welcome	Ehden Nature Reserve, Ain Al Bayada Gate
7:30–9:30 PM	Night Hike and Stargazing	Ehden Nature Reserve, from Ain Al Bayada Gate to the Cross region
10:00 PM	Local Gastronomy: Sahlab	Al Midan

Day 2: Saturday, October 10 | Move in the Mountain

Mountain Forum

Time	Activity	Location
10:00–10:15 AM	Registration and Welcome Coffee	Al Koubra Palace
10:15–10:30 AM	Opening Ceremony*	Al Koubra Palace
10:30–11:45 AM	Panel 1: Mountain Destinations: Sustainable and Resilient	Al Koubra Palace
11:45 AM–12:15 PM	Coffee Break and Networking	Al Koubra Palace
12:15–1:30 PM	Panel 2: Hiking Through the History of Lebanese Forests	Al Koubra Palace

Mountain Careers and Local Gastronomy

Time	Activity	Location
1:30–7:00 PM	Mountain Careers Day: Guiding, rescue, outdoor instruction, tourism, environment, sport management, and entrepreneurship	Al Koubra Palace
1:30–7:00 PM	Taste of the Lebanese Mountain: Local producers, gastronomy, and community	Al Koubra Palace

Outdoor Activities and Wellness

1:30–7:00 PM	Mountain Sports and Activities: Hiking, urban trail, biking, climbing, modern pentathlon, Teqball, Futnet, HYROX, and calisthenics*	Ehdeniyat Venue
3:30–5:30 PM	Ehden Trails and Tales: Discover the mountain and its stories	Departure from Al Koubra Palace

Day 3: Sunday, October 11 | Drive in the Mountain

Time	Activity	Location
9:00–9:30 AM	Welcome Coffee and Networking	Ehden Nature Reserve
9:30–11:00 AM	Advanced Mobility and Safety: Safety driving session for 4x4 vehicles and UTVs	Ehden Nature Reserve
11:00 AM–2:00 PM	Mountain Road Signage Activity	Ehden Nature Reserve, from Ain Al Bayada Gate to the Cross region

Before You Join

Specific participation requirements, equipment recommendations, meeting instructions, transportation and parking information, and safety guidelines for outdoor activities will be communicated to registered participants, where applicable.

[Register Now](#)

*Registration is required for the **Opening Ceremony**, **HYROX**, and **calisthenics activities**.

Important

Outdoor activities may be subject to weather and safety conditions. Participants should follow the instructions of organizers, guides, and activity supervisors at all times.

Contact

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